

05 Sloppy Joe
OR
Corn Dog
Ketchup / Mustard

French Fries / Ketchup
Fresh Baby Carrots
New! Cinnamon
Applesauce

06 Cheese Pizza +
OR
Cheeseburger
Ketchup / Mustard

Three Bean Salad
Steamed Carrots
Fruit Juice

07 Nacho Combo
OR
Oven Roasted Chicken
Drumstick
Brown Rice

Sweet Golden Corn
Tossed Salad / Buttermilk
Ranch
Fresh Fruit

01 Rotini w/ Meat Sauce
Dinner Roll
OR
Chicken Tacos w/Mexican
Rice
Taco Sauce

Sweet Golden Corn
Tossed Salad / French
Dressing
Fresh Fruit

02 Chicken Sliders
BBQ Sauce
OR
Cheese Pizza+

Calypso Crush Juice
Steamed Broccoli
Fresh Fruit

09 Spaghetti & Meatballs
Breadstick
OR
Chicken Mashed Potato
Bowl w/ Corn & Cheese
Dinner Roll

Steamed Broccoli
Cherry Tomatoes
Fresh Fruit

12 Mini Maple Waffles
Poultry Sausage
OR
Cheeseburger
Ketchup / Mustard

Tater Tots / Ketchup
Fresh Baby Carrots
New! Cherry
Applesauce

13 Chicken Tacos w/
Mexican Rice
Taco Sauce
OR
Grilled Cheese
Sandwich +

Dragon Punch Juice
Green Beans
Fresh Fruit

14 Cheese Pizza+
OR
Macaroni & Cheese+

Fresh Broccoli
Steamed Carrots
Fresh Fruit
Animal Crackers

15 Chicken Tenders
BBQ Sauce / Dinner Roll
OR
Pepperoni Pizza

BBQ Black Beans
Fresh Cherry Tomatoes
Fresh Fruit

16 Pizza Dippers+
Marinara Sauce
OR
Fish Sticks^
Breadstick / Ketchup

Sweet Golden Corn
Tossed Salad / French
Dressing
Fresh Fruit

19 Beef Tacos
Taco Sauce
OR
Breaded Chicken
Sandwich
BBQ Sauce

Black Beans
Fresh Cherry Tomatoes
Craisins

20 Mini Maple Pancakes
Poultry Sausage
OR
Corn Dog
Ketchup / Mustard

Tater Tots / Ketchup
Fresh Baby Carrots
Applesauce

21 Cheeseburger
Ketchup / Mustard
OR
Chicken Tenders
Breadstick / BBQ Sauce

French Fries / Ketchup
Fresh Broccoli
Fresh Fruit

22 Rotini w/ Meat Sauce
Dinner Roll
OR
Chicken Tacos w/ Mexican
Rice
Taco Sauce

Sweet Golden Corn
Tossed Salad / French
Dressing
Fresh Fruit

23 Chicken Sliders
BBQ Sauce
OR
Cheese Pizza+

Calypso Crush Juice
Steamed Broccoli
Fresh Fruit

Did you know...?

Menu Subject to Change

- We only use heart healthy whole grain breads, pastas, and rolls.
- Milk contains no artificial growth hormones or antibiotics.
- *New! Try our new flavored applesauce!*
- All Juice is 100% Fruit Juice
- * Item Contains Pork + Item Does Not Contain Meat
- ^ Item Contains Fish
- Nutrition and Allergen Information Available at:
<http://www.fspro.com/nutrition.html>

Health & Wellness Message Color My Plate: Brown/White/Tan



Brown, white, and tan fruits and vegetables keep your cholesterol levels in check and may lower the risk of some types of cancer. Bananas, mushrooms, and onions are members of this group. Here's a little fruit and veggie humor. What did one banana say to the other banana when they were sitting in the sun? I don't know about you, but I'm beginning to peel. LOL!

**Eat A Rainbow
Of Colors**